

FOR IMMEDIATE RELEASE

Christian Author Dara V. Rose Announces the Release of Powerful New Memoir, *Born for This Name*

New memoir explores family, faith, painful truths, healing, identity, and the courage to find one's voice

SOUTH BEND, Ind. — August 10, 2026 — Christian author, Bible study writer, speaker, and storyteller Dara V. Rose announces the release of her new memoir, *Born for This Name: A Journey Through Family, Faith, and Finding My Voice*.

In this deeply personal memoir, Rose shares her journey as the youngest of eleven children raised in a prominent Christian family. Behind the public image of faith, family, and ministry, she experienced painful family changes, grief, abuse, rejection, silence, and the pressure to appear strong.

Born for This Name explores how childhood experiences, family roles, church traditions, personal choices, loss, marriage, motherhood, and faith shaped Rose's identity. Through honest reflection, she examines the difference between performing strength and experiencing genuine healing.

"This book is not about exposing people for the sake of exposure," Rose said. "It is about telling the truth with compassion, understanding how our experiences shape us, and finding the courage to move forward without continuing unhealthy patterns."

Using the life cycle of a butterfly as a recurring image of transformation, Rose guides readers through the different stages of her life. The memoir follows her movement from innocence and silence to self-awareness, forgiveness, healing, purpose, and voice.

Rose wrote the book for readers who have struggled with painful family histories, complicated faith experiences, grief, identity, rejection, generational patterns, or the burden of keeping secrets.

"My hope is that readers will recognize that their stories matter," Rose said. "We cannot change what happened, but we can decide what happens next. Truth gives us the opportunity to heal, make different choices, and create a healthier future for the generations coming behind us."

The memoir also challenges families and faith communities to become safer places for listening, accountability, truth, and healing. Rose encourages readers to examine what they have inherited, what they have carried, and what they are ready to release.

Born for This Name: A Journey Through Family, Faith, and Finding My Voice will be released on August 10, 2026. The 6-by-9-inch paperback will be available through Amazon and other selected purchasing channels.

A spiral-bound companion workbook and a special memoir gift-box experience are also scheduled to become available through the 12 Cups of Grace website in September 2026. The companion experience will help readers reflect on their own stories through Scripture, guided questions, prayers, declarations, and writing exercises.

About Dara V. Rose

Dara V. Rose is a Christian author, Bible study writer, speaker, storyteller, entrepreneur, and founder of 12 Cups of Grace. For more than a decade, she has created Bible studies, devotionals, journals, and faith-based resources that help readers connect Scripture with everyday life.

Her work often explores overlooked biblical narratives, family stories, identity, healing, personal growth, and the grace found in becoming who God created us to be. Through her writing and teaching, Rose helps women slow down, reflect deeply, and recognize God's presence in every season of life.

Book Information

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Subtitle: *A Journey Through Family, Faith, and Finding My Voice*

Author: Dara V. Rose

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Dara V. Rose is available for podcast interviews, radio interviews, media features, book-club conversations, church events, women's gatherings, library programs, and speaking engagements.